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Your Complet
Children's Healt
What your child needs, W

Child's Name: _____

Year: _____

Pediatrician: _____

Specialist: _____

Allergies: _____

Medications: _____

The hot topics when it comes to children's healthcare are autism, asthma, car safety, attention deficit disorders, childhood obesity and juvenile diabetes.

Childhood obesity is a very important topic because it predisposes our children to so many other potentially life-threatening conditions like hypertension, heart disease, Type 2 diabetes and an overall decreased quality of health.

Baby Milestones: Age 0-6mos.

2 Months - Smiles, coos, watches a person, follows with eyes. **4 Months** - Laughs out loud, lifts head and chest when on stomach, grasps objects. **6 Months** - Babbles, turns to sound, rolls over, supports head well when sitting.

✓ WHAT YOUR CHILD NEEDS

- ○ Newborn Developmental Checkup at 2 Months
- ○ Developmental Checkup again at 4 Months

Eating, Sleeping & Growth Patterns

Notes: _____

- ○ Newborn Hearing Screening Between 0-9 mos
- ○ Car Seat: Rear Facing (until 1 year old & 20 pounds)

Notes

_____

_____

_____

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	2 mos	4 mos	6 mos
* **Diphtheria/Tetanus/Pertussis (DTaP)** (First 3 of 5 total doses)	○	○	○
* **Hepatitis B (Hep B)** (First 3 of 5 total doses)	○	○	
* **H. influenza Type B (Hib)**	○	○	○
* **Pneumococcus (PCV7)** (3 of 4 total doses)	○	○	○
* **Polio (IPV)**	○	○	

Prior to scheduling an appointment, check with your insurance company to verify coverage