



Your Personal Medical History Tree



Your family history is crucial to understanding your own health risks.

Going back three generations, find out about diseases family members have had. For each person note the age of diagnosis, treatment and if they ever had related surgery; also find out their cause of death. Important medical conditions to include are: cancer, heart disease, diabetes, asthma, mental illness, high blood pressure, stroke, kidney disease, alcoholism, birth defects, learning disabilities, vision or hearing loss. *(Duplicate form before starting.)*

Mother's Side



Father's Side

_____ (Great Grandmother)	_____ (Great Grandfather)
_____	_____
_____	_____
_____ (Great Grandmother)	_____ (Great Grandfather)
_____	_____
_____	_____
_____ (Grandmother)	_____ (Grandfather)
_____	_____
_____	_____

_____ (Great Grandmother)	_____ (Great Grandfather)
_____	_____
_____	_____
_____ (Great Grandmother)	_____ (Great Grandfather)
_____	_____
_____	_____
_____ (Grandmother)	_____ (Grandfather)
_____	_____
_____	_____

_____ (Brother/Sister of Grandmother)	_____ (Brother/Sister of Grandfather)
_____	_____
_____	_____
_____ (Brother/Sister of Grandmother)	_____ (Brother/Sister of Grandfather)
_____	_____
_____	_____

_____ (Brother/Sister of Grandmother)	_____ (Brother/Sister of Grandfather)
_____	_____
_____	_____
_____ (Brother/Sister of Grandmother)	_____ (Brother/Sister of Grandfather)
_____	_____
_____	_____

_____ (Mother)	_____
_____	_____
_____	_____
_____ (Brother/Sister of Mother)	_____ (Brother/Sister of Mother)
_____	_____
_____	_____

_____ (Father)	_____
_____	_____
_____	_____
_____ (Brother/Sister of Father)	_____ (Brother/Sister of Father)
_____	_____
_____	_____

_____ (Brother/Sister)	_____
_____	_____
_____	_____
_____ (Brother/Sister)	_____
_____	_____
_____	_____

_____ (Brother/Sister)	_____
_____	_____
_____	_____
_____ (Brother/Sister)	_____
_____	_____
_____	_____

(you)

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